

# Antioch Community High School Student Council Lock-In

Student Council will be holding the first ever summer lock-in on Thursday, August 11<sup>th</sup>. The purpose of the lock-in is to work on team building skills, leadership skills, and brainstorm for the 2011-12 school year. We will begin the lock-in at 7pm in the commons. Students will receive a dinner, evening snacks, and breakfast. The lock-in will take place in the commons with the exception of the movie which will be in a classroom. The lock-in will end at 7am on Friday, August 12<sup>th</sup>. The tentative lock-in agenda is as follows:

## 5pm-7pm—ACHS 2<sup>nd</sup> Annual Courtyard Clean-Up

### “Creating a healthier Antioch starting in the heart of the school”

*Come early to the lock-in and help clean-up our school. We will be working with the school cafeteria ladies to plant a garden and help grow fresh vegetables for cafeteria food.*

7:00pm-Meet in Commons (*Drop-off in athletic entrance*)

7:00-7:30pm- Ice Breaker Games

7:30-8:15pm-Dinner

8:15-9:30pm-Team Building Activities

9:30-12:00am-Brainstorming/Planning

12:00-1:00am-Midnight Games

1:00-3:00am-Movie

3:00-6:30am-Sleep

6:30-7:00am-Breakfast

7:00am-Depart (*Pick-up in athletic entrance*)

### *What should I bring?*

- Pillow/sleeping bag/blanket
- Toiletries, as needed
- Ideas, ideas, and more ideas!!

If you are interested in attending the lock-in, we ask that you please discuss it with your parent(s)/guardian(s), and return the attached permission slip. **Your permission slip must be signed and mailed to the following address by June 30, 2011: ACHS c/o: Sara Jowers, 1133 Main Street, Antioch, IL. 60002**

If you have any questions, you may contact an advisor:  
Ms. Sara Jowers @ [sjowers@sequoits.com](mailto:sjowers@sequoits.com) or Mrs. Laura Tielke @ [ltielke@sequoits.com](mailto:ltielke@sequoits.com)