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Girls track finishes eighth in conference. . .

Sequoits send three girls to compete at state

By Michael Cohen

Three Antioch Community High School girls' track members will be sent down to the state track and field competition at Eastern Illinois University on Sat., May 18. After meeting the state requirements in each of their events at the sectional meet held at North Chicago on Fri., May 10, Holly Clarke, Amanda Wagener, and Lindsey Andrews qualified to go to the state meet.

Clarke, who will compete in the triple jump at state, completed a 33'02" jump, a personal record for her; she had not reached that length in competition all this season.

"During the jump I just try to phase out," said Clarke. "My coaches want me to focus on kicking out in the last phase of my jumps."

For state, Clarke hopes to exceed her personal record. Her coaches are encouraging her to eat right in order to be in good shape for the state meet.



HIGH RISER: Amanda Wagener successfully cleared 9' on the pole vault to advance to state.

Girls Track

Wagener and Andrews both qualified on the pole vault.

Wagener successfully cleared a nine feet vault to land herself in the state meet.

"When I clear that height, it feels like I'm flying," said Wagener. "Once I knew that I had made it to state, I screamed, ran off, and started to hug people around me."

Qualifying for state had been in the back of Wagener's mind all season.

At state she hopes to set a new personal record and clear ten feet.

Andrews was able to clear eight feet, nine inches in order to go to Charleston.

"I sat there laying on the mat just thinking 'I've done it!'" said Andrews.

Andrews' goal at the beginning of last year's season was to go to state. Now that she has qualified to go there this year, she was able to reach her goal while overcoming an early season injury.

"My injury was a set back and I was really surprised that I was able to make it to state after getting injured," said Andrews. "I got emotional when I found out I had made it to state. I was happy for Amanda and Holly. I was just really happy."

At state, Andrews is determined to set a new personal record and wants to reach nine feet, six inches to ten feet in her pole vault.

Wagener and Andrews are preparing for state by making corrections to mechanical problems with their pole vaults.

"We know what we have to do, it is just a matter of fixing it," said Wagener.

Wagener and Andrews also plan on continuing to wear helmets during their pole vaults after Eric Fletcher's accident.

Wearing helmets helps them with the fear factor involved

in jumping over nine feet.

The track team finished seventh at the sectional meet in North Chicago to finish out their season.

Julie Bariamis and Laura Bookwalter both performed well, also, but failed to qualify for state.

Bariamis hit 115'1" in her discuss throw.

Bookwalter set a personal best for herself by reaching 34'1.5" in the shot put.



Photos by Michael Cohen

LEARNING TO FLY: ACHS varsity track member Holly Clarke is one of three members that will be competing at state on May 18.

Softball team gains confidence as season progresses

By Kristen Berman

Softball

The hard work the Antioch softball team put in during the off-season is now paying off. The team will begin Regionals May 20 with a confidence that is well deserved.

As of Tues. May 14 the team holds a 19-7 overall record and a 6-2-conference record. The only two losses in conference came to Stevenson.

"We only lost to Stevenson 1-0 both times. We took them to seven innings once and eight innings the next time," said senior Sherry Tossey, shortstop.

Results for the Tues. and Thurs. games against Mundelein were not available at

press time. The results determine the team's standing in conference. A first place standing is possible if Antioch took both games. If the team lost both, they will have come in third.

Head coach Jen Schultz is confident about the end of the season. "I really expect them all to do well. I have those high expectations but they also have somebody who believes in them," she said.

Schultz will attend the seeding meeting for regionals; she predicts Antioch will be ranked in the top 3 out of 17 teams. Schultz thinks its entirely possible for the team to

win their regionals and advance on.

The team took the Grafton Quad tournament they competed in on Sat. May 12. In the first game the slaughter rule was on Antioch's side, winning by a score of 21-1. Slaughter rule was also applied against Waukegan, a non conference competitor. Antioch only needed five innings on Mon. May 13 to make the final score 10-0, Antioch.

Overall this year's Antioch softball team has turned some heads, not only because of their impressive record, but because only two years ago Antioch softball was not considered to be a competitive team in conference.

The sudden turn around has many asking how the change came about.

"Schultz develops that good atmosphere, but it really comes down to the athletes," said Steve Shoenfelder, athletic director. "Those four seniors have done a nice job during the off season and it's really showing."

Amanda Pollitt, senior centerfielder and Laura Weber, senior catcher, are cited by



Photos by Kristen Berman

SWINGING FOR THE FENCES: Amanda Pollitt, senior center fielder hits a fly ball to left field against North Chicago. Antioch won the game by slaughter rule.

Schultz as team leaders on and off the field. Pollitt shines at bat with a .365 batting average and ranks as the team's highest scorer. Pollitt will be playing ball next year at College of Lake County with Weber.

Weber as catcher will be continuing to help junior Kristen Elstrom, pitcher, on the mound.

"She's really hitting her corners and learning how to work the umpires. Kristen is using what they call to her advantage," said Schultz.

Antioch softball has a new-found confidence that has the players hoping their season still has a long life.



WINDING UP: Junior Kelly Wells got the start as pitcher against North Chicago. When Wells isn't on the mound, she plays first base.