

TOM TOM SPORTS



Wrestlers' prepare for tomorrow's conference meet.

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Boys basketball takes steps to heighten game-play intensity

By Maggie Bodanyi

New game tactics and strategies, are leading the Antioch Community High school boys' basketball team to finish their season strong.

With a record of 7-10 the boys are looking to up the wins and increase their points on the board at game time.

Alex McKenzie, guard for the Sequoits, indicated that the team needs to put their all into their games.

"We need to play to our full potential all four quarters. In most of the games this season there would be a quarter where we would dig ourselves a big whole. If we can just show up for all four quarters, we will have much better outcomes," said McKenzie.

Chandler Kent, guard, agrees with McKenzie, that not working hard all four quarters has been a weakness.

"We really need to start playing to our fullest potential for the entire game. Every game we have played this year there has been a period during the game where we outplayed the opponent and really showed we were the much better team," said Kent. "Unfortunately those periods don't last the while and we need to start making them last."

As the Sequoits rematch against teams they have previously played in their season, they are changing their strategies and the way that they play the game.

"We will definitely change our game plan as needs to be. In general, we are looking to

press and run the ball more hopefully keeping our opponent uncomfortable. But our game plan is different depending on the opponent and we have learned from the first time we played them until the second time," said Kent.

According to Tom Duffy, head coach, the changes are working for the team.

"We have started pressing the whole game and are more consistent on defense. Now we have won as many as lost," said Duffy.

According to Duffy, ACHS will be hosting the first four games of the playoffs.

Duffy and the team are also thinking ahead to these games.

"I think a lot of people underestimate what our team can do. If teams don't take us seriously, there is a good chance we make it pretty far if we play well," said McKenzie.

The Sequoits went against the Round Lake panthers last Friday. They finished the night with a 75-51 win. The team will match up against North Chicago tomorrow night at 7:30 p.m. in North Chicago. The boys are confident about the outcome of the game.

"We match up well against North Chicago.

The first time we met, I felt we played them very well. It was a close game the whole time. This time around I feel we have a great chance against them. If we play our game we will have no problems against them," said Kent.

McKenzie also has confidence in his team.

"North Chicago is a good team, but we will now know a lot of their tendencies after playing them. I am ready to play and I look forward to the outcome," said McKenzie.

The boys played at Vernon Hills Tuesday. The results of the game were not available at press time.



Chandler Kent, point guard, drives through defenders at last Friday night's game against the Round Lake Panthers. The Sequoits' won the game with a final score of 75-51.



Photos by Dan Goggin

Jason Sippy, forward, grabs for a rebound during the Round Lake game.



Will it ever be...

A friendly rivalry?

By Donatella Savino

The split of Antioch and Lakes Community High Schools has resulted in a rivalry.

There have been more appearances by students at games than ever before according to Steve Schoenfelder, athletic director at ACHS, and he wants that to persist.

"I hope that crowds coming to contests will continue," said Schoenfelder. "We want to keep this rivalry positive."

Schoenfelder also believes that by having a positive and healthy rivalry that is looks highly to the community.

"[The Rivalry] shows the community what we have created," said Schoenfelder. "It shows the good that has happened since the split."

Troy Parola, athletic director at LCHS, agrees with Schoenfelder.

"I just want the atmosphere to be at a point where anyone in the community can come

and watch with their family and walk away saying that both schools represented their community well," said Parola. "We want people to say that our district is one classy district."

Chuck Kempf, LCHS junior, enjoys the rivalry between the two schools.

"I like the rivalry," said Kempf. "Popular rivalries always bring big games and are really exciting, especially the rivalry between Antioch and Lakes."

Although Schoenfelder believes that the competition between Antioch and Lakes is healthy, students at ACHS think differently.

Alex Mayer, ACHS senior, indicated that he believes that Lakes is becoming pompous.

"Kids at Lakes think they are better than us for some odd reason," said Mayer.

Mayer also stressed the importance of how Lakes strived to be it's own school.

"If they [lakes] want to be their own school, we will treat them as their own

school," said Mayer. "The rivalry is going to go with it."

Bob Dzike, ACHS senior, disagrees.

"I believe that it's a healthy rivalry," said Dzike. "Antioch has never really had a true rivalry and that hurt our school spirit. Rivalry is necessary for [school spirit] to thrive."

Students at LCHS believe that Antioch students are taking matters too far.

"I think the rivalry started healthy, but some people are taking things too far," said Kempf. "I have heard threats being thrown around and that's stepping over the line."

Parola agrees with Kempf.

"There has been on occasion some booing and chanting that is considered inappropriate, but overall, both schools have done pretty well in keeping it clean and fun."

According to Parola, he indicated that fans attending games that they do not use foul language, have no personal attacks, and no violence.

"It has to be good clean cheering," said Parola. "Just a fun fan friendly atmosphere."

I hope that crowds coming to contests will continue... we want to keep this rivalry positive.

*-Steve Schoenfelder
Athletic director*

Sequoit



Sports Briefs

Dance team

The dance team will be performing with the Lakes Community High School dance team at the Antioch vs. Lakes game on Feb. 3.

Two days later on Feb. 5, they will be competing in the Wheaton North Invitational. The team is striving towards qualifying for the North Supersectional competition taking place on Mar. 5.



Hall of fame inductees

Two Antioch Community High School alumni, Laura Heden and Mike Perrone, will be added to the ACHS athletic hall of fame. The ceremony will take place at halftime during the boys' basketball game against Lakes Community High School on Feb. 3. Perrone graduated in 1975 with all-conference, all-area, and all-state recognition in both basketball and baseball. Heden graduated in 1983 as a two-time state qualifier for track and a field qualifier in the discus.



Mike Perrone Laura Heden

Spring sport conditioning

Students that plan to be participating in a spring sport are finding different ways to stay in shape when they are not involved in any sport during the winter. Some athletes stay after school to run or lift weights, while others join indoor leagues in other areas or get a gym membership.

Lifting takes place Monday through Thursday after school on the weight deck.

