

# TOM TOM SPORTS

Softball team wraps up winning season

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## Regular season winds down *Sequoits finish second in the Prairie Division*

By Thomas Miller

The Sequoit boys track team missed an opportunity to claim the division title. They ended their regular season with a 5-1 Prairie Division record and finished in second place behind rival Lakes Community High School.

The team's coaches have an eye to the future as Antioch is sporting a young squad.

"As I team we did really well this season, and there is really nothing you can be unhappy about with this team, everyone is equally involved," said Sequoit hurdler, Junior Lucas McClain.

The team's head coach, John Brumund-Smith now has two years of coaching under his belt at ACHS. He has had two successful seasons, finishing second in the division both years.

Team members think the team's ethics and camaraderie play a factor in the formula for success.

"The team has really improved so much over the season and it really helps that everyone puts everything they have into their events and really digs deep to make sure they are doing their best," said ACHS Junior sprinter Josh Breneisen.

Breneisen is optimistic about the upcoming sectional meet and his 4x100 meter relay team, consisting of Junior Dan Larsen, junior Lamarr Pottinger, and sophomore Jay Hagert.



Photos by Kevin Heffernan

At the North Suburban Conference Meet held at Zion-Benton High School last week, ACHS placed 4th out of 14 teams. Lamarr Pottinger (left) placed 5th in long jump. Dan Larsen (middle) placed 3rd in the 200 meter dash. Pottinger passes the baton off to Josh Breneisen (right) in the 4x100 hundred meter relay. The relay team placed 2nd in the meet.

"I think we should be close to qualifying for state. I also think the whole team should do pretty well too. We should place fourth," said Breneisen.

Brumund-Smith may have

a hard time containing his enthusiasm as he looks back on this year's team. At the same time, he is keeping one eye on the future.

"I am happy with how this team

worked this year, not only did we have a very successful season this year, but since we have such a young team, we have a very promising future as well," said Coach John Brumund-Smith.

## Soccer finishes in middle of pack Team realizes season goal of a .500 record

By Kara Knutson

After finishing fourth in the Prairie Division with a record of 3-2-1 the Sequoits are setting their sights on working to improve their game going into the post season tournament.

According to Lexi Florian, team captain, the team still needs to improve on communication skills on the field.

"We have the speed and determination but sometimes our skills aren't completely there," said Florian.

Florian also admitted that this season the team has struggled due to key offensive players who graduated last year.

Defender Tonessa Tognarelli believes that next year's team might struggle for similar reasons.

Charlie Trout, head coach, agrees with Tognarelli that the team will be losing some critical pieces with the graduation of this year's seniors.

"We'll be losing [some] valuable members from this year's the team," said Trout.

Trout believes the improvements made this year contributed to their goals.

Trout, "We have a very hard working team."

According to Tognarelli, the team is very close which helps them when it comes to communicating on the field.

"We were all friends before the season started," said Tognarelli, "It really helped our team chemistry."

"The loss [of the seniors] may have an effect on how we do next year," said Tognarelli.

Last week the team scored a victory against Grant Community High School by a score of 1-0. Florian scored the lone goal, and Tognarelli was credited with the assist.

Grant coach Mike Kennedy felt that the game was typical of the season.

"We have not been doing so well this year," said Kennedy.

The team finished the regular season with a record of 8-7-5.

"Our goal for the season was to end with a record of .500 or higher. It is a good sense of accomplishment to know we were able to succeed at this goal, and hopefully we can expand on it in the post-season," said Florian.

The results of Wednesday's regional contest between Antioch and Lakes High School were unavailable at press time.



Photo by Kara Knutson

Tonessa Tognarelli, ACHS defender, juggles the ball in a game against Grant. The Sequoits defeated the Bulldogs 1-0.

### Sequoit



### Sports Briefs

#### Boys tennis ends 'rebuilding year'

The boys tennis team is coming to a close on their rebuilding year with the sectional tournament this weekend.

Senior Brett McKenzie was a standout for the Sequoits with a 20-5 record and is looking to advance to the state tournament after this weekend's sectional.

Coach Randy Digman and McKenzie both feel that there is a good chance that

McKenzie will advance from sectionals. In looking down the road to next season, Digman plans on holding a number of training camps and clinics throughout the summer and next school year to better prepare his team for competition.



#### Sports physicals available for athletes

Antioch Community High School will be providing sports physicals for Sequoit athletes on

Wednesday June 13 at 5 p.m.

Physical forms are available in the athletic office and are to be filled out

with parent or guardian's signature, and returned along with a non-refundable fee of \$15 to the athletic director's office. Only 100 spots for physicals are available on a first come, first serve basis.

#### Track sends

#### Schoenfelder to state

After finishing in second place in the Prairie Division of the

NSC and with the regular season

coming to a close, the girls track team will send one athlete to state. Sophomore

Erin Schoenfelder will run the preliminaries races for 100 high

hurdles and 300 low hurdles tonight at Eastern Illinois University.

