

TOM TOM SPORTS

The ACHS Sequoit field hockey team copes with inexperience
See page 19



Tom Miller, captain of the boys cross country team, attacks a hill at the Roy Cummerson Invitational at Schiller Woods last Saturday. Mike Dussault, team captain, was a medalist at last the event. The team will be hosting the Pat Harland Invitational at their home course, Fox River Park tomorrow at 10:00 a.m.

Boys cross country battles loss of seniors

By Margaret Sabatino

A current loss of participation has caused problems for the Antioch Community High School boys cross country team.

According to David Judson, boys cross country coach, the team consists of only 14 runners.

Judson believes that the lack of participants is due to the local feeder schools, such as Emmons, Grass Lake, and Antioch Upper Grade School, that do not have complete sports programs.

"Many kids have not been exposed to it [cross country]," explained Judson.

According to John Brumund-Smith, the assistant boys cross country coach, the lack of participation is an affect of the split between ACHS and Lakes Community High School.

The cross country team lost thirteen seniors last year. This year the team has only picked up three new members.

Mike Dussault, team captain, believes that although they do not

have the talent, the team has the effort to do well.

"We don't have much depth in our team, but everyone's been running the best that they can and that is all I can ask for as a captain," explained Dussault.

In 2002, the cross country team had two state qualifiers; Andy Napier and Jim Beatty. With Beatty and Napier on the team, more people came out for the team. At that point, according to Judson, the turnout was impressive.

"Everyone wants to be a part of a winning team," said Judson.

Although there may not be a mass amount of talent, Judson believes that his runners have motivation to receive a better position within the team.

"Bryant Giorgi has been a very good addition to the team," said Judson. Giorgi has moved up from the fifth runner to the third runner this season.

Even though the turnout hasn't been as good as past years, Judson has not lost hope.

Sequoit Sports Briefs



Soccer team meets new coach

While attending a varsity boys soccer game this school year, fans may have noticed that Antioch Community High School is the home of a new soccer coach. Jorge Anduray



has taken Charlie Trout's place as the boys varsity soccer coach. Anduray has a coaching background that includes, coaching for one college, two high schools, and the Chicago Kickers.

Professional coaches at ACHS

Antioch Sequoit varsity tennis has a new face for the 2006 season. Randy Digman, a tennis pro, heads the coaching staff for this year's girls and boys tennis seasons. He now currently works at the RecPlex and owns his own tennis courts at the Tanglewood Racquet club, where he gives private and group lessons. This is Digman's first high school coaching position. Varsity tennis faces off against Lake Forest Academy tonight at 4:30 on their home courts.

Antioch, Lakes to face off



After the ACHS, LCHS split, athletic teams have rivaled. On Oct. 13, the Antioch and Lakes football teams will be facing off at ACHS at 7:30 p.m. ACHS holds a current record of 0-5, while LCHS is holding a record of 4-1. Attendance at the game is expected to be very high.

McKenzie takes on dual sports roles

By Nadisha Boswell

Athletes at Antioch Community High School are familiar with the balance of practices, games, schoolwork, and a social life on a daily basis.

ACHS Senior Brett McKenzie has always been recognized as a soccer player; however, this year he took on yet another challenge: football.

"I've always wanted to play football and they needed a kicker. I figured it was my last year and I'd do it," says McKenzie.

Del Pechauer, varsity football coach indicated that he is very impressed with McKenzie's dedication to work.

"As busy as he is, keeping up his grades and all, he still manages to do this [and soccer]," said Pechauer.

As far as football is concerned, McKenzie has made quite a few outstanding plays, including a forty-two yard touchdown reception against Byron and scored a field-goal against North Chicago. McKenzie enjoys the opportunity to "get loud and hyped at football games".

McKenzie's teammates are also a source of support for him. "It's really great to have him this year. He's another good weapon on the field", said Brad Fortney, ACHS senior.

"A lot of people think that it's not even possible to play two sports in one season, but if you put your mind to it, it definitely can be done. I proved it to myself," said McKenzie.

Sequoits fall on hard times

By Thomas Miller

The Antioch Sequoits have stumbled to an 0-5 start this season—the first time that has happened since 1992.

According to Del Pechauer, varsity coach, the players have had a difficult time entering this season with a challenging first game against one of the state's top teams, Batavia.

They also faced many issues including having fewer returning starters and fewer players overall, than in years past.

"We could be doing better, but the season isn't over yet so we'll see what happens by the end," said Alex Ball, ACHS senior.

The football team this season has been forced to have athletes

that play both on offense and defense usually for the larger portion of the game, due to a lack of players.

With these athletes playing for a large part of the game, that leaves the team starters fatigued. Fatigued players can lead to serious injuries throughout the team, a problem the sequoits have already faced.

Besides facing difficulty with opposing teams, they are in store for a hard season with such a small team of their own this year.

"Even with some starters being injured, we are still seeing improvement," said Pechauer.

Bob Hoffman, corner player and ACHS senior, expressed his disappointment with the with the season so far.

"One of the things that I can say I am disappointed with this season is with the kids who said they were going to join the team this year and didn't, then just went and played another sport," said Hoffman.

Pechauer also indicated that their losing streak may be attributed to the talent level of the teams that they have played so far this season.

"These next few games will determine how the rest of the season will go," said Pechauer.

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**-Del Pechauer
Varsity Coach**



Dugan O'Connor, ACHS running back, drives past a Wauconda defender during the Sept. 23 football game against the Wauconda Bulldogs. The Sequoits take on Lake Zurich at home tonight at 7:30 p.m.

Photo submitted