



# Sports

3.27.2009

The Antioch Tom Tom



Photos by Zach Gillengerten

**Sequoit pitcher Olivia Duehr struck out 11 and walked no one enroute to a seven-inning shut out against the Trojans of Cary grove last week. It was the season opener for both teams. Antioch won't play again until April 6 at Grant.**

**Two home runs ignite offense...**

## Duehr's three hitter sparks victory in home opener

**Jake Anderson** Layout Editor

Its that time of year again, yes the lovely spring where we move athletics from inside to the beautiful outdoors. Or at least that's the goal considering the unpredictable weather of the Midwest. With that aside the ACHS softball team participated in their first game against the Trojans from Cary-Grove High School.

The ironic part is that the girls participated in their first outdoor practice of the season the day prior to the game.

"We couldn't go out outside right away because the ground was still soft and you don't want to ruin the fields by rushing the outdoor practices before the ground hardens a little" said senior center fielder Jen Precht.

Under the new coach Jeff Tylka the Sequoits picked up a 7-0 victory over the Trojans. The win was credited to Olivia Duehr who pitched a

shut-out for her season opener. The Sequoits look to be very successful in the pitching department with Duehr splitting starts with senior Ashley Mysliwicz, who is intending to continue her softball career in college as she received a full ride scholarship to Iowa Wesleyan University and left hander Jamie Villalobos.

Tylka stepped into the head coaching spotlight after the resignation of Mary Easton last season. He is a math teacher at Antioch Upper Grade School. He also serves as an assistant basketball coach for Lakes Community High School.

"I have coached at the middles school for 4 years where we have had lots of success winning more than 80% of our games. Many of the girls on the Antioch team have played for me when they were younger or have helped my coach at AUGS. This has made the transition that much easier. I also

coach travel softball for the Illinois Chill program and coached the Lakeland Wildcats this past summer." said Tylka

The Sequoits saw an offensive explosion as junior Allie Antilla led the day with four RBIs including a three-run home run and a triple. Other offensive contributors were Duehr with a two-run home run and senior Lauren Colette with one RBI.

"Overall as a team we played well. Defensively we were solid in allowing no runs and put four runs on the board offensively so it was a bright start to the season," said junior right fielder Sammie Seamon.

This year, the Sequoits have a very balanced roster of sophomores through seniors. The team consists of six seniors, three juniors and four sophomores.

"Returning starters Ashley Mysliwicz, Samie Seamon, Jen Precht, Anne Bruce, Allie Ant-

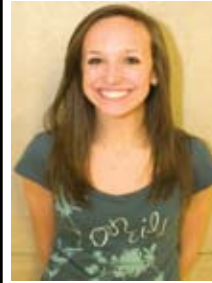
tila will provide leadership and experience this year. It is nice to have so many returning starters and with the mix of young talent and polished veterans it should be a fun year. Seniors Jamie Villalobos, Lauren Colette, and Nancy Bell all have been in the program and will add to the team in a variety of ways.

In addition to the upper class experience that we have, there are four sophomores that I expect big things from. Olivia Duehr, Hannah Vandevoorde, Cat Dinklenburg, and Jess Liszka will all play vital roles on the team as well,"said Tylka "We expect to have a very successful season where we compete for a conference championship and also play into June," said Tylka.

The next game will open up NSC Prairie Division play as they travel to Fox Lake to play the Bulldogs of Grant Community High School on April 6.

### on track

#### Allie Antilla



Junior Allie Antilla, a three year varsity softball starter, kicked the season off with a great of-

fensive game. She went two for two with a triple and a three run homerun. She contributed four RBI's to the 7-0 sequoit victory over the Cary Grove Trojans.

This year we have a lot of talent on the team which gives us a great opportunity to go far in the playoffs. At every practice our team works hard to achieve our goal which is to make it to state.

### the question

Which former professional tennis player did Randy Digman coach?

See answer below

### in the numbers

**Girls' Softball**  
Varsity 7, Cary Grove 0

**Boys' Baseball**  
Varsity 10, Waukegan 7

**Track and Field**  
ISU invite medalists  
4X200m relay team

**Cameron White, Oscar Segura, Jay Hagert and Devonte Miller**

**55m dash**  
**Cameron White**  
**Shotput**  
**Tyler Woolard**

### sequoit snippet

The ACHS Dance team came home with fourth and seventh place finishes at the TDI dance competition which was held on March 3. This was the first time the dance team competed in the open dance category in five years and took fourth place respectively, while their kick routine brought home the seventh place finish.

While the seventh place finish was not expected by the team, the girls were glad to see how different the competition level was.

"It's extremely difficult to make state now, whereas, in the past, the talent was inconsistent," said head coach Kelly Taylor.

### the answer

Andrea Jaeger

## Boys tennis set up the nets for a new season

**Blythe Roberson** Business Manager

After years of poor results, the boys tennis team is looking up for the Spring 2009 season.

For Randy "The Digger" Digman's first two years as ACHS tennis coach, the girls' team far outshined that of the boys. While the girls team did well this year, Digman is optimistic about this year's boys team. "We have a lot more guys this year," he explained, many of whom are somewhat new to the sport. While Digman said that the team is still a "work in progress," he feels that success is eminent.

This optimism is shared by the members of the team. Junior Dimitri Pylarinos, who played 1<sup>st</sup>

singles last year on junior varsity, is expects that this is "going to be better than last year- last year was bad. We have lots of kids this year."

Pylarinos credits the large turnout with Digman's increased promotion of his private club.

Digman owns a private tennis club in Bristol, WI where he offers group and private lessons.

Many of the ACHS tennis players, boys and girls alike, take advantage of these lessons to work on their game during the off-season.

One of these players is Garrett Anderson. Anderson has taken lessons from Digman for a few years, and it has paid off, he plays number one singles on varsity.

Anderson agrees that boys tennis will have "a stronger team than last year," also crediting this belief to the large number of

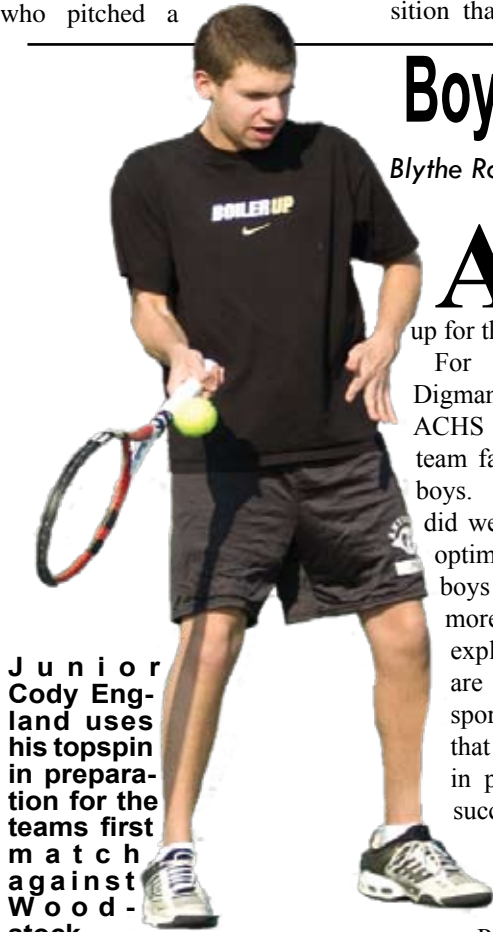
players.

Garret hopes to improve his personal record this year as well. Veteran members of the team were met with a huge change this year- a switch to morning practices. "Randy couldn't do practices after school," explained Anderson. Because the courts are too dark to practice on so early in the morning, however, Digman has been forced to think of creative practices.

During some of these early morning practices the team has played basketball; during others, they have played soccer.

While at first some on the team thought these practices odd, the practices have helped the team get fit and ready for the season.

As the team gets ready for an excellent season, Digman has one final piece of advice: "Don't forget- use lots of topspin!"



**Junior Cody England uses his topspin in preparation for the teams first match against Woodstock**

Photos by Becca Huebner