

# Tom Tom Sports

Girls volleyball helps to serve up a cure. See page 15.



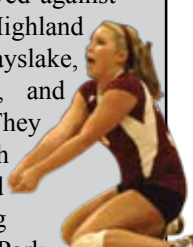
Sequoit



## Sports Briefs

### Volleyball places at Crosstown Classic

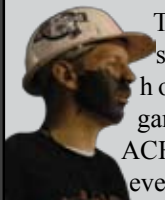
On Friday October 24 and Saturday the 25 girls' volleyball team competed in the cross town classic. The girls played against Libertyville, Highland Park, Grayslake, Round Lake, and Wauconda. They finished with a 1-4 record beating Highland Park. The volleyball team played their first regional game Oct. 30 against Lakes Community High School.



### Students create new traditions at games

With an amazing football season have come several new football traditions. The first is sometimes called "Tunnel Time," and it occurs at the start of home football games. The Cardinal Crazies march from the tailgate to the field, where they and other groups such as Viking Football or the band and color guard form a tunnel through which the football team walks to the field. Another new tradition is having all of the fans wear the same color to the games.

The tradition started at the homecoming game, when ACHS saw its first ever "black-out."



### Glashagel wins coach of the week

Brian Glashagel was named "Coach of the Week." In his second year as Head coach he turned a 0-9 team into a 9-0 team. Which was the first team that has gone 9-0 since 1983. Because of Glashagel's work ACHS was awarded \$1500 to go



towards the football program. Glashagel was also invited to the Bears vs. Jaguars game on Dec. 7 and will be recognized during an on field ceremony. In addition, he will receive a certificate and the opportunity to meet Lovie Smith and other 2008 "coach of the week" honorees.

# 'We did it!'

## 2008 Sequoits become the first undefeated varsity football team since 1983

By Arielle Vieira

After dominating rival Lakes Community High School 50-7 in their final regular season game, the Antioch varsity football team is 9-0 and number one in the North Suburban Prairie Conference.

Many are still in awe of the astounding turnaround from the previous year's 3-6 record. It's hard to believe that only two seasons ago, the Sequoits went 0-9.

The home field game against Grayslake North started the excitement, becoming the first home football victory since the 2005 season.

"[The success of the team] is awesome! Everyone is having a blast. Doing well isn't just rewarding the team, it's rewarding the school too. This kind of thing makes school fun, that's what high school is about," said head coach Brian Glashagel. "We're trying to get it to be common for Antioch to go to the playoffs. We want the school and community to come to expect the playoffs."

Games against Grant and Vernon Hills in weeks 6 and 7 were the most difficult games for Antioch. Beating both of those otherwise undefeated teams added fuel to the fire.



Photo by Arielle Vieira

**After nailing down a perfect season at last Friday's game by defeating cross town rivals Lakes Community High School 50-7, the Sequoits will play Harlan High School on Nov. 1 in their first playoff game.**

"It was our goal for this season to be the strongest and best conditioned team in the conference. I think we've out conditioned all of our opponents this year. The games where we were down in the first half, we came back to win in the second because the other teams got tired and we stayed consistent."

In addition to conditioning, it also helps to have great team chemistry.

"This is the closest team I've ever been on," said ACHS senior and varsity quarterback Matt Romani.

Glashagel echoed Romani and added, "We have a lot of characters on the team. People like Louis Schultz and Ethan Jackson, among others, are just goofs and they help keep practices light."

The team's success has not only helped raise spirit, it has also helped raise money.



Photo by Arielle Vieira

**Junior running back Devonte Miller sashes through the mud and rain in last week's win over the Lakes Eagles helping his teammates cap the first 9-0 regular season since 1983.**

For the past eleven years, Raymond Chevrolet has donated \$25 to ACHS athletics for every home game score made by a varsity team.

According to Sequoits' Athletic Director Steve Schoenfelder, Raymond Chevrolet has donated well over \$40,000 in that time.

With the strong option offense, White achieved 26 touchdowns and broke the school record for most touchdowns in a season held by Nick Nathan, who scored 23 touchdowns in 2004.

White is also a mere 241 yards away from breaking another one of Nathan's records for leading rusher.

Another record was broken by sophomore Vinnie Holm for most

PATs in a season.

The last time Antioch went undefeated in the regular season was with the 1983 team, who then went on to lose in the first round.

The team is now getting revved up for the playoffs and is happy to have home field advantage.

"We are definitely a playoff caliber team; We have a playoff caliber staff. I can't see anyone liking to draw us," said Glashagel.

The 2008 playoff bracket for round one was chosen on Oct. 25 pairing the 6A second seed Antioch Sequoits against the fifteenth seed Harlan Falcons. The game is set to start at 5 p.m. on Nov. 1, with gates opening at 3:30 p.m.

# Cross country team turns in 4-2 mark

By Chris Terzic

Well Sequoit fans, you can throw another above .500 record for the already highly impressive fall season of Sequoit Athletics. The Boys Cross Country team finished with a record of 4-2 in division this season.

The boys were led by seniors Mike Cook, Derek Goldman, Joey Gliniewicz, and Josh Schwenk. The team also saw the unexpected emergence of juniors Kyle Haley and Kris Nordby.

However, with many runners being suspended or hurt, the team rarely had the chance to run at 100 percent all season long.

"Injury and illness affected us negatively," said senior captain, Derek Goldman.

Head coach of the boys team is Dave Judson,

who has been around the sport ever since high school as either a runner or as a coach.

"We never really got the chance to run with our whole team. We did a few times, and when we did, we were a really competitive team, and won or nearly won those races."

With cross country being such a physically demanding sport, injuries are expected for any team, but with seemingly every other runner being injured, ineligible, or suspended at some point, it was hard to gain momentum. The end result was frustration for a team that ended 4-2, but felt it could have easily been 5-1, or even 6-0.

"Unfortunately, some people just came to practice when they felt like it, as well as

only trying when they felt like it," added Goldman.

"If we were all dedicated and acted like a team, we could have succeeded more," A final statement from Goldman that proves to be true for most underachieving teams in any sport, not to mention cross country, a sport that is much more team oriented than one would think.

However, the team still did qualify two runners for sectionals, Kyle Haley and Mike Cook, who placed 27 and 23 respectively out of 60 runners.

"The season didn't exactly go like we had planned, but it is still nice to know that we have two guys running sectionals for us," said Haley.

**"Injury and illness affected us negatively."**

**-Derek Goldman Senior captain**