



Tom Tom Sports

With the loss of eight seniors, Lady Sequoits work to retain North Suburban Conference title.

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Sequoit



Sports Briefs

Volleyball raises money for breast cancer

All ACHS and LCHS Girls' volleyball teams have implemented the sale of "Volley for the Cure" T-shirts for the second year in a row.

The new tradition raked in a grand total of \$8,000 last year. Donated items to support breast cancer awareness will be sold and raffled off at the Antioch vs. Lakes volleyball game this year.

T-shirts were made available until Sept. 24 at \$10 each.

This year's game will be held Oct. 17 inviting donors and supporters of breast cancer awareness.

Lack of numbers create problems

The numbers may be low, but the spirits are still high for the Antioch girls golf team. The team consists of Katy Bain, Cassandra Childress, Kimmie Childress, and Jessica Poirier. They are coached by Ted Seickowski. They are outnumbered by six when competing with other teams. Lakes is the only other school with four team members. The team has at least four matches a week, but if one girl is not present they must forfeit the match. Their next match is Saturday Sept. 27 at the Antioch Golf Course. They are hosting an Antioch Quad which begins at 8 a.m.



Marescalco, Schlung lead to winning season

The Lady Sequoit tennis team started their season strong. They have a current record of 6-3. They fell to Woodlands Academy Wildcats by one point with a score of 2-3. They also placed third in the Cary Grove Invitational.

The team is led by seniors Angela Marescalco and Jennifer Schlung. Marescalco won 6-1, 6-2 during the match against the Wildcats. The Lady Sequoits will face off against rival Lakes Community High School at Lakes on Thursday Oct. 2. The girls hope to keep their title as the Prairie Division Champions

4-0 Sequoits led by star runningback . . .



Welcome to the 'White'house

Impressive numbers carry over to dominating senior year

By Chris Terzic

In 2008, the state of Illinois sent 85 student athletes to FBS (formerly known as Division 1) schools on scholarship. Of those 85, only two were from the Lake County region of Illinois.

Now to the good news, Antioch High School's very own sensation, Cameron White, has the potential to be the very next division one athlete coming from Lake County, and even more importantly, Antioch.

It has been noted that White was invited to the San Antonio Combine last January. This combine in San Antonio was not just for anybody, it was reserved for 500 of the nation's top recruits, White being one of them.

However, not only did this particular combine raise the attention of scouts across America, his numbers as a junior didn't hurt either. Rushing for 1,166 yards with 12 touchdowns is pretty impressive, but the

number that jumps off the page is his 11 yards per carry.

The numbers from his junior season were undeniable, but as every major football fan knows, statistics on the field are only half the battle. White was clocked at 4.5 seconds in the 40 yard dash before the season, and that in itself speaks volumes.

Now moving to the current 2008 campaign for White, he already has 611 yards, 12 rushing touchdowns, 2 receiving touchdowns, and 1 kickoff return, and maybe the most impressive, a 21 yard per carry average. In addition, he has also blocked a punt.

At this point, calling White a 'homerun-hitter' would be an understatement. It looks as if the defenders just stand still while White cuts left, then slashes right, and then hits the hole for another touchdown. ACHS Junior Kris Nordby said, "Every time he gets a touch, we have come to expect

him to score." Of course, the unsung heroes of this team have to be the offensive line, two of which (Jake Anderson, and Louis Schultz) are returning starters, and have been blocking for White for their fourth season. For the other three starters on the offensive line, senior Mark Ano juniors Craig Tanner and Brandon

Ginter have done more than an exceptional job with not only run blocking, but pass blocking as well.

Along with a great offensive line, the Sequoit rushing attack is as potent as ever with returning starters Steve Lorenzini and quarterback Matt Romani, the experience is greatly provided by these two. Junior Devonte Miller and sophomore Vinnie Holm also have had huge breakout games so far this season, and if you are willing to count Romani, that is a four-headed-monster.

Of course, teams have known White is one of the most dangerous players to step on the field. Knowing this, teams have tried many game plans and contain White, but as the Sequoit faithful commonly cheer, 'Can't kill Cam! Can't kill Cam! Can't kill Cam!' he still runs circles around his defenders.

So as far as being a division 1 athlete is concerned. White has received attention from Northwestern, Iowa, Illinois, Tennessee, and Vanderbilt Universities.

The numbers sure don't lie, and neither does the spotless record for the Sequoits (4-0), so we will just have to tune in next week and find out what White will do next, because chances are it is going to be something amazing.

Photo by Arielle Vieira
Cameron White attempts to hit the hole and take one for a touchdown. The Sequoits (4-0) have Waucounda (3-1) this Saturday, Grant (4-0) on Oct. 3, and Vernon Hills (4-0) on Oct. 10.

Gridiron Statistics

Cameron White
(21.07 yds/carry)

Week 1
@ Grayslake Central (37-21)
kick return, blocked punt
8 carries for 81 yards
3 touchdowns

Week 2
Grayslake North (40-6)
4 carries for 136 yards
3 touchdowns

Week 3
Round Lake (62-13)
4 touchdowns
9 carries for 261

Week 4
Mundelein (49-8)
3 touchdowns
8 carries for 133 yds,
2 catches for 64 yds

Football

Undefeated Season: Division Title not far in reach after 5-0 start

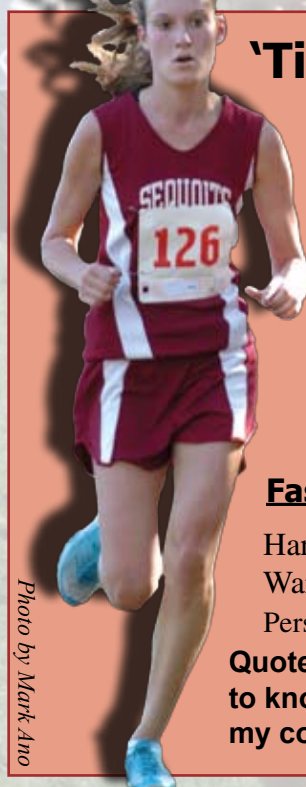


Photo by Mark Ano

'Times' of her Life

Player - Erin Poss

- Last year Poss placed 18th in state with a time of 18:13.

- This year as a junior, Poss hopes of placing at state with a time of 18:00 (6:00 minute average).

Fastest Times

Harland Invitational - 18:45
Warren Invitational - 18:36
Personal Record (PR) - 18:13 (State)

Quote - "While running, it's nice to know that I have my team and my coaches behind me."

By Cassi Mills

The Girls' Cross Country started their season with a bang! So far, the girls are 5-0 in their division and train heavily to remain undefeated. "If the girls continue the way they are going now, they have a shot at division title," says Girls' Cross Country coach Richard Harland.

Before each meet, captains Lauren Colette and Jen Naegele give the team a pep talk to boost their confidence. Colette and Naegele talk to the girls in order to get the girls focused on the meet, and to inspire them to do their very best. Then the team warms up with a one mile run, stretching, agilities, and some

more stretching. The girls also want to focus on getting their 2nd runner closer to the 3rd runner, and to move their 3rd, 4th, and 5th runners up more. Harland says that the girls are also working hard to improve their endurance.

The team is stronger than last year's team and the girls are already at the peak of their season. "We're better this year," says Colette.

The girl's main focus right now is on beating Lakes Community High School; if Antioch beats Lakes, they will win the division.

Antioch is hosting a cross country invitational competition on October 4th, which includes teams from Richmond High School, Lakes Community High School, Vernon Hills.

Girls Cross-Country