

Antioch Sequoits Softball Clinic
June 30-July 3, 2008
8:00 – 11:00 a.m.

Registration:

Registration will be taken up to the day of the clinic. The cost is \$50.00 per person. This will include an Antioch Softball T-shirt. Anyone from 1st to 8th grade is welcome to attend.

Clinic Directors:

Antioch Head Softball Coach Easton
Assistant Coaches: Jamie D'Andrea, Jeff Peterson, and Jeff Tylka.
Antioch Sequoits 2008 Softball Players

What to Bring:

Each player is required to bring a glove, sweatshirt or jacket, sweat pants (sliding pad), and a bat (optional).

Clinic Schedule:

Warm up and Introductions
Throwing Instructions/Drills
Hitting Instructions/Drills
Baserunning Instructions/Drills
Pitching/Catching Instructions/Drills

Questions? Need More Information?

Contact Coach Easton at (262) 705-8068
E-Mail: measton@sequoits.com

Antioch Community High School
1133 Main Street Antioch, IL 60002



Softball Registration and Waiver (clip and return with payment)

Name _____ Address _____

City/State _____ Zip Code _____ Phone# _____

Age _____ Height _____ Weight _____ (circle size) T-Shirt – S M L XL XXL
(Adult Sizes)

School _____ Grade _____ (as of 2008-2009)

Allergies _____ Asthma _____ Bee Sting _____

Medications _____

I hereby request you to accept the application for enrollment of _____
in the Antioch Sequoits Softball Camp during the dates set forth in this application. I hereby release
the District 117 Board of Education and its employees from all claims on account of any injuries, which
may be sustained by my child, and I agree to indemnify the Board of Education and its employees from
any claim, which may hereafter be presented to our child as a result of any injuries. If medical
attention is required for injury or illness while in camp, I give permission for such medical care.

Parent/Guardian

Signature _____ Date _____

Make checks payable to: ACHS

Mail to:
Antioch Community High School
Attn: Mary Easton
1133 S. Main Street
Antioch, IL 60002