



Antioch Community High School Summer Volleyball Camp



ACHS volleyball will be conducting a setters camp for high school age setters. This camp is by invitation only and will provide the setters with intense position specific instruction and drills.

Footwork, strategy, play sets and attacking from the setters position are a few of the skills that will be stressed. Incoming freshman may apply and the individuals will be notified during the previous weeks camp if they may attend.

When: July 20– 24th

Where: Antioch Community High School, 1133 Main Street

Time: 4:00 – 6:00 pm

Cost: No charge if you attend the previous week camp.

Contact: Glen Heitman with any questions at gheitman60@gmail.com

To be returned

Please check any conditions that apply:

Know allergies _____ Asthma _____

Bee sting reaction _____ Medications _____

I hereby request you to accept the application for enrollment
of: _____

in the Antioch Sequoits Setters Camp during the dates set forth in this application. I hereby release the District 117 Board of Education and its employees from all claims on account of any injuries which may be sustained by my child, and I agree to indemnify the Board of Education and its employees from any claim which may hereafter be presented to our child as a result of any injuries. If medical attention is required for injury or illness while in camp, and give permission for such medical care.

Parent or Guardian Signature _____ Date _____

Send registration and checks to:

Glen Heitman
17 Balsam Ave
Lake Villa, IL 60046
Payable to ACHS (girls volleyball)